

By: Allison Rose-Carroll

EMBRACING GOD'S CALLING ON MY LIFE AS A LATE- DIAGNOSED AUTISTIC WOMAN



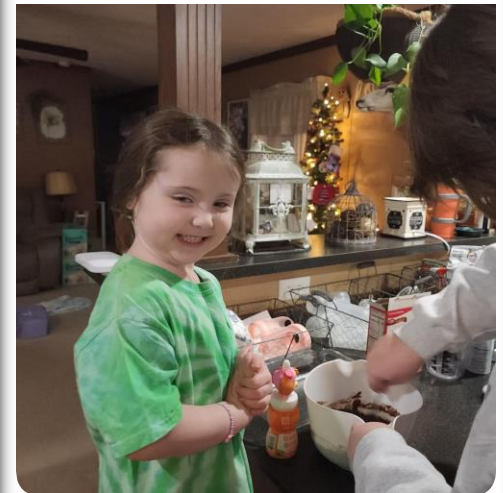
MY JOURNEY

- Guided by God's purpose for my life
- Embraces my unique gifts and struggles
- Crazy in the most beautiful ways



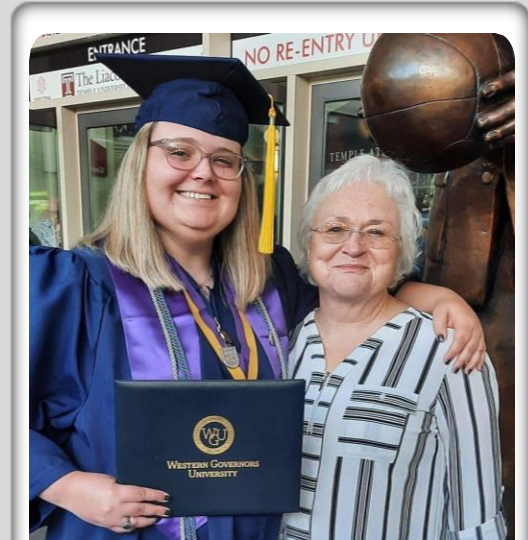
MY STRENGTHS

- Emotional Intelligence
- Horses
- Teaching children
- Connecting with other neurodivergents
- Baking
- Writing



MY CHALLENGES

- Math
- Emotional regulation
- Multitasking
- Awkward when speaking
- Short-term memory



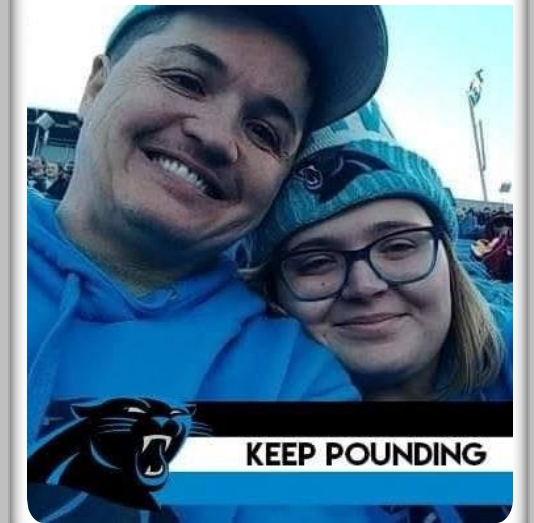
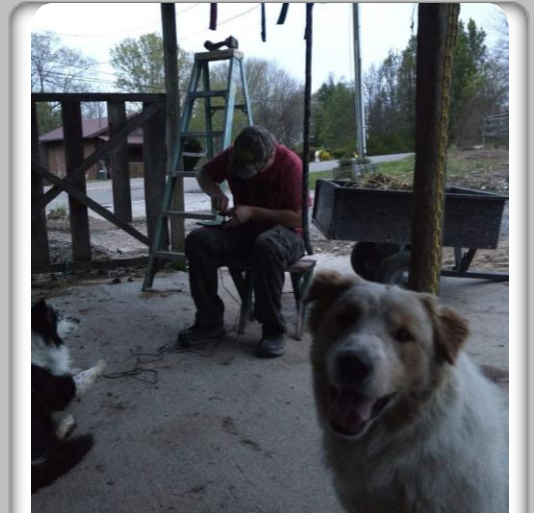
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- Struggled with social connections
- One close friend in childhood
- Masked to fit in, leading to unhealthy relationships
- Now embracing my authentic self



MY MARRIAGE

- Respecting each other's special interests/hobbies
- Husband: diecast cars and football
- Me: horses, books, writing, and baking
- Support each other at events, but also allowing alone time



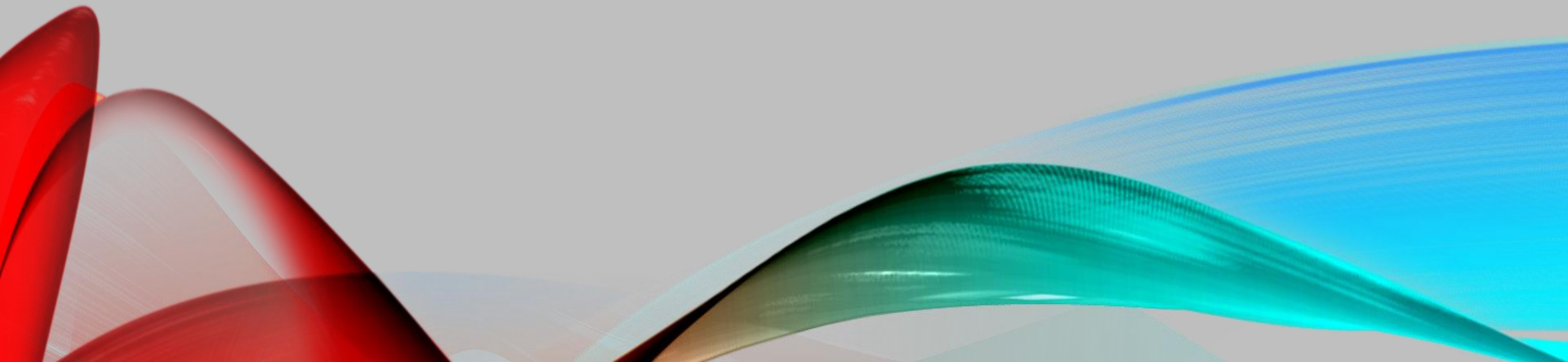
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- At first, I felt like a guest rather than his wife
- His set ways on organizing his house made it challenging to feel at home
- Rearranging things created conflict
- Moving into a shared apartment created a sense of belonging



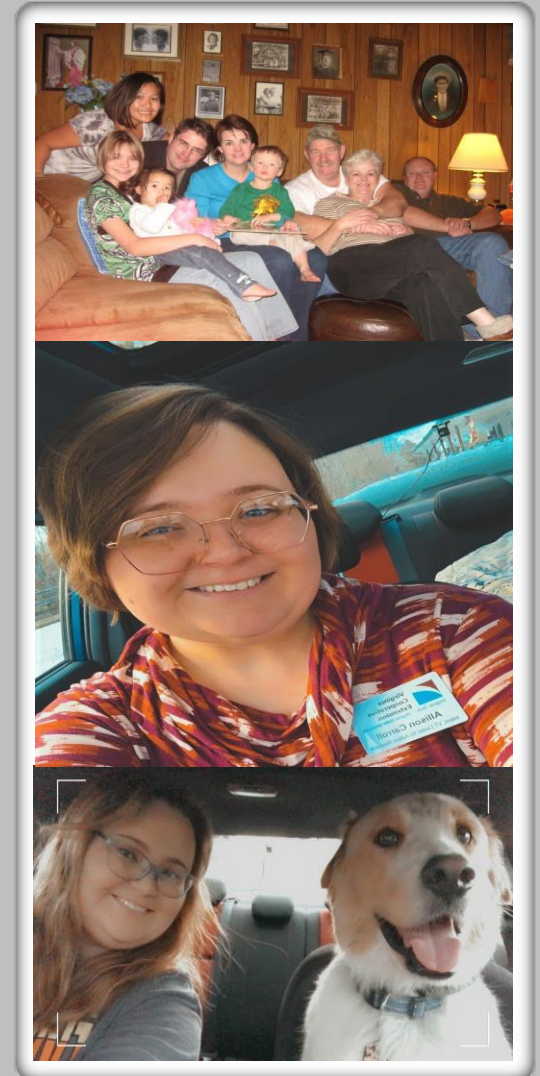
MY DIAGNOSIS

- It was a challenge finding a psychologist for my assessment
- Autism diagnosis at 26 years and 11 months
- Diagnosis brought a mix of emotions
- Unmasking was painful yet healing



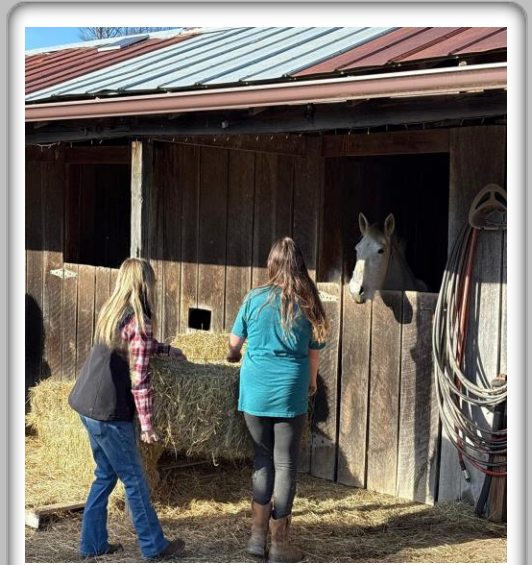
RECOGNIZING NEEDS

- Predictability
- Variety
- Sensory-friendly environments
- Time for special interest/hobbies
- Supportive relationships



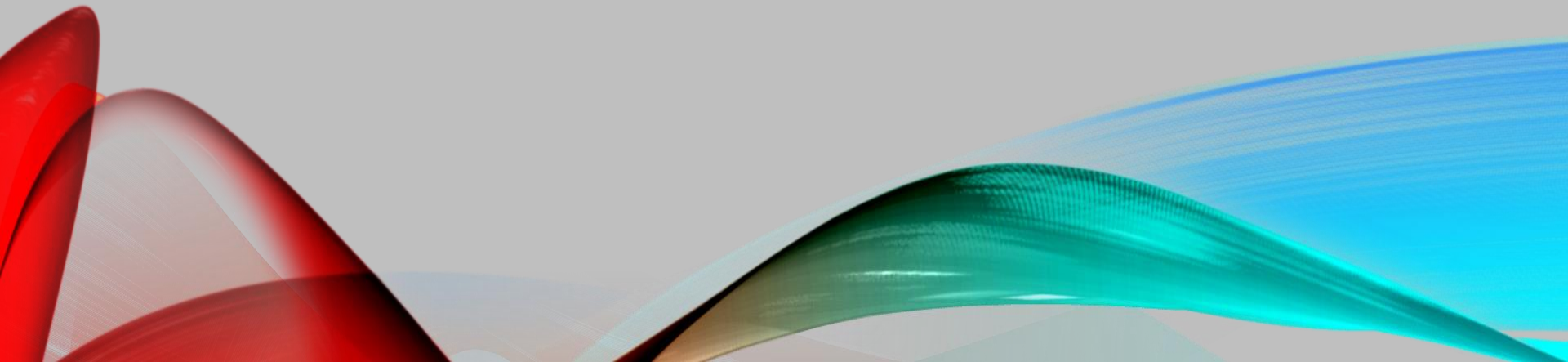
DIVERGENT HORSE STABLES

- Sanctuary Lessons
- Regular Lessons
- Responsibility, life skills, communication skills, and emotional regulation skills



MILESTONES

- I would now like to share a video of my journey, from that first horse camp to now with Divergent Horse Stables
- I do not own the rights to the music
- [Video for PowerPoint](#)



CLOSING

**THANK YOU FOR BEING
HERE AND LISTENING TO MY
STORY. I'M NOW OPEN TO
ANY QUESTIONS OR
COMMENTS.**

